

ONE DAY IN CAPETOWN • COUNTRY

A LUXURIOUS GUIDE BY ELANA CASTLE

	recently revamped grounds of <u>Babylonstoren</u> . It's one of the oldest and best preserved werfs (farmyards) in the Cape Dutch architectural tradition and aside from being a working farm, it also has an old cellar, wheat store, fowl pen, garden (love that garden!), tea conservatory and amazing villas if you're lucky enough to stay the night.
11.00	2 / Brunch/Lunch at <u>Babel Restaurant</u> at Babylonstoren. Everything on the menu is top notch with most of the fruit and vegetables organically grown at the farm.
12.30	3 / Exploration of the Franschoek wine region with stopovers at <u>Le Petite Ferme</u> , <u>La Motte</u> , <u>Haute Cabriere</u> or <u>La Quartier Français</u> for an amble amongst the vines and gardens and a wine-tasting extravaganza.
14.00	4 / A drive up the magnificent Helshoogte mountain pass up to Tokara Winery . Their deli restaurant has amazing views of the rolling vineyards below.
16.30	5 / In an ideal world, a sneaky spa treatment at the <u>Delaire Graff Spa</u> at the <u>Delaire Graff Estate</u> . This is one of my favourite spots in the world. World-class architecture. Landscaping, food, wine and setting.
18.30	6 / <u>Dinner at Delaire</u> 's restaurant. The setting, the food, the service, the atmosphere is all world class.
20.30	7 / Andif money were no objectretiring for the night in my villa at Delaire's The Lodge . Plush, private andmy own plunge pool!

1 / A drive from Cape Town through the magnificent Cape Winelands to the historic and

9.00

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